



*Dutch Founda-  
tion of Religious against  
Trafficking in Women*

### Who walks alone

Who walks alone loses the way,  
Only in the community  
Comes wisdom.  
One hand cannot tie a rope  
Round a bundle.

Who walks alone loses the way.  
Who then falls has no-one  
to help her.  
Who then screams  
Has no-one who hears her.

Who walks alone  
Stoops under her burden.  
Nobody shares her joy,  
And no-one her sorrow

Who walks alone loses the way,  
She has only two feet,  
She has two arms,  
She has only two eyes.  
But in the community  
Everyone has a thousand hands,  
Everyone has a thousand feet,  
No-one ever walks alone.

Poem by Patrice Koyo, Cameroon  
From: Give us each day our daily bread, NMR 2003