

wec`MÖ` i mrvnh` Kti _v`Kb Ggb KtqKwU
ms`vi bvg I wKvbn bxtP t` I qv ntj v:

gwnj v cvPvi Kvi xt` i wei`tx agxq ms`v
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I tqemvBU -http://www.srtv.info
Rvgv`xtZ mrvnh`i c`qvRb ntj -

tmvj I w` (Sol i dari tyini th Women in Distress)

Probstei -Strasse 2
D-54154 Boppard Hi renach
Germany
tdvb -(+49) 67 41 2232
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B-`gBj -solwodi@t-online.de
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BDti vtC wK - M?



Gme K_v wekym Ki teb bv!



Bengali
ইবহমধধমং

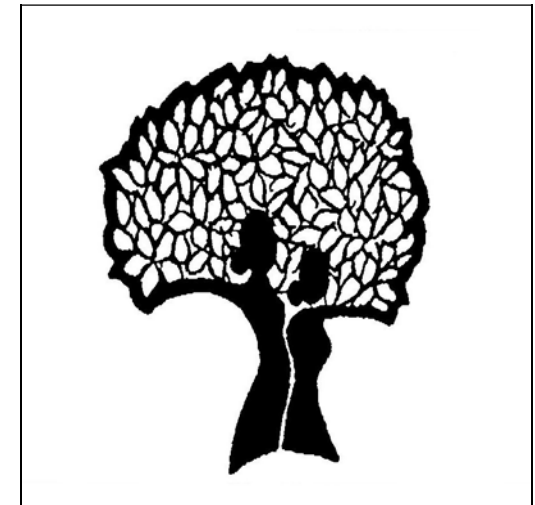


gwnj v
cvPvi Kvi xt` i
wei`tx
agxq ms`v

gwnj vt` i c`Z mZKZv evbx!

tkD wK AvcbvtK Ggb tkvb Avkym
w` tqtQ th-

"BDti vtC tmj Avcb GKUv my` i Rxeb
hvcb Ki tZ cvi teb?O



GB mZKZv gj K cvPvi -c`I gwnj vt` i
Rvrv`bv hv`"O th BDti vtC tmj Zv` i Kx Kx
wec` NUtZ cvti |
tRtb ivLp -

AþbK tǵtǵB Avcbvi gZb GKB ˘cœ
t` LǵQb |

mwdqv

mwdqv AZ˘š-`wi t`i gta` emevm KiwQj | tetPu
_yKvi ZvMf` mvgvb` wKQyUvKv Avq Kivi Rb` ZvþK
cŃZ`K w` b cŃU cwi kǵ KiþZ nZ | wKš`my` i GKwU
fueL`Z Rxeþbi ˘cœfm me mgtǵ t` LǵZv | ZvB mvm
Kti GKw` b tm GKwU ms`vi mǵ½ Pw³ex ntǵ v | H
ms`v ZvþK BDþi vtc GKwU mvs`wZK `tj i bZ` wk`x
wmmvte KvþRi Avkǵm w` tǵwQj | Aetkþl tb`vij `vtU
Avmvi ci Zvi ˘cœf½ nj | Avmtǵ Zvi Kivi gZb
tKvb KvRB wQj bv | Ges ZvþK GKwU bvBUKvte
tek`vevE Ki vþZ eva` Ki vþbv ntǵ v |

Ai`bv

Ai`bv weþ` tk GKRb ˘vǵx LǵRucvevi Avkvq Rvgþxi
GKwU `Ki mctŃY KveŃ-G thvM` vb KtiwQj | Zvi Avkv
cþb Kivi Avkǵm w` tǵ Zvi cĀeUyZvþK RvgþxtZ
wbþq Avmvi e`e`v Kti w` tǵ v | wKš`tmLvþb tcšþQ
Ai`bvþK nZvk ntǵ ntǵ v | Zvi ney`vǵx wQj GKUv
RNb` gvZvj Ges ZvþK Agvþvl K vbhþZb Ki þZv |

j Zv

GKRb tej wRqv Ujwi ÷ j ZvþK Zvi tnvþUþj
tmþUvi xi KvR t` te etj Avkǵm w` tǵwQj | wKš`
tej wRqvþg tcšQvþvi ci j Zvi cvmþcvUþKto tþl qv
nj Ges ZvþK tek`vevEþZ eva` Ki vþbv nj |

**GB cþvi -cĀw AvcbvþK whvb w` tǵþQb
ZvþK we`wi Z Z_` I mvmvþh`i Rb` ej þ |
þKb GB mZKZv erbx?**

BDþi vtc i wevfbœt` tk Avgiv eũ weþ` kx
fyþþfvMx gwnj vþ` i t` Lv tctǵwQ | Zvþ` i þK
cŃZkŃZ t` l qv ntǵwQj -

- GKwU fvþj v PvKwi
- fvþj v teZb
- mþx weevwZ Rxeb
- BZ`w` BZ`w`

H me gwnj vi v wekǵm KtiwQþj b th Zviv AĀ
mgtǵi gta`B abx ntǵ hvteb Ges Zvþ` i
wbþRi t` þk wdti wMþq `wi `a AvwZvq `Rbþ` i
mvmvþh` Ki þZ cvi þeb |

wKš`ev`e Ae`v Ab` i Kg!

- 1 | BDþi vtc þekvi mgm`v AþbK tekx Ges fvþj v
GKwU PvKwi cvl qv Lþ Kwvb |
- 2 | KvR Kivi Rb` Avcbvi GKwU Ńl qvmKš`
cvi wġUŃ I evm`vþbi Rb` Ńti wmtWYŃ cvi wġU Ges
AvMgþbi Rb` wfmv ev ŃGwUŃ cvi wġþUi cŃqvRb |
GB me `ea KvMRcĀ bv _vKþj , th tKvb mgþq
AvcbvþK tdi Z cvwþbv ntǵ cvþi |
- 3 | Avcbvi gZb eũ gwnj v AZ˘š-AĀ teZþb
KvR Kþi b Ges tkl chš`-tek`vevE Ki þZ eva`
nb |
- 4 | AvcbvþK t` l qv my` i cŃZkŃZ _wǵ meB
wġ_v Ges tm _wǵ KLþbvB cvj b Kiv nq bv |
AZGe Lþ mvearb!

**Avcbvi me KvMR-cĀ wK AvþQ Kx
bv Zv Avevi tþK Ki`b |
GZ wKQj cþi I hw` Avcbv thþZ Pvþ-**

1 | hvi v AvcbvþK PvKwi i cŃZkŃZ w` t`Q Zvþ` i bvg
wKvþv tRþb ivLþ | Zvþ` i KvR-Kgœea Kx bv tmB
e`cvþi tLvRwbb |

2 | th t` þk hvteb, tm t` þki `Zvevþmi mǵ½
thvMvþhvM Ki`b | Avcbvi fueL`Z KgRZþmwZ`B
AvþQb Kxþv I wZvb wekǵm fvRb e`w³ Kx bv, GB
e`vcvþi wRÁvmvev` Kþi mwK Z_`Uv tRþb wbb |

3 | Avcbvi t` þk Aew`Z th me ms`v ev cŃZŃvb
weþ` tk thþZ AvMŃx KgPvi vþ` i Rb` KvR Kþi b
Zvþ` i mǵ½ thvMvþhvM Ki`b | h_v mœe Z_` msMŃ
Ki`b | Avcbv wdti Avmvi ci Zvþ` i KvþQ mvmvþh`
tctǵ cvþi b |

4 | Avcbvi cwi evi cwi Rb I eÜzevÜeþ` i Avcbvi
hvevi w` b Zwi L, Mše`-þj i wKvþv, hvþ` i mǵ½
hvþ`Qb Zvþ` i bvg I wKvþv Rwbþq w` b Ges
Avcbvi mvs`cŃZK tZvj v GK Kwv Qve w` b |

Avcbvi cvmþcvUœAvcbvi B mœwE!

5 | wect` coþj DmKþj i mvmvþh` wbb |
AvšRwZK Pw³ Abþvqþ webv cqmvq AvBbMZ
civgkœcvl qvi AwvKvi Avcbvi AvþQ |

6 | þKvb þKvb t` þki cvj k cvþvi ntǵ hvþ qv
gwnj vþ` i mvmvþh` Kþi _vþKb | `ea KvMR-cĀ bv
_vKþj I Avcbv cvj þki mvmvþh` cvþeb |

**Avcbvi cvmþcvUœKLþbv nvZQrov
Ki þeb bv!**